

Comparison of final rule language with obesity coalition recommendations that were in 12/3 working draft

Final Rule language:

Each school shall provide students in grades K-8 with at least two physical education classes per week. Each school shall provide students in grades 9-12 with one and one half years of physical education or the equivalent thereof.

Each school shall offer options for students in grades K-12 participate in at least 30 minutes of physical activity within or outside of the school day. Physical activity may include recess and movement built into the curriculum, but does not replace physical education classes.

Each school shall provide appropriate learning opportunities to all students to support their attainment of the standards approved by the State Board of Education. As required in 16 V.S.A. §2902, each public school shall provide support for students who require additional assistance in order to succeed or be challenged in the general education environment.

Each school shall provide comprehensive elementary and secondary health and physical education learning experiences, including the effects of tobacco, alcohol and drugs on the human system for all students in accordance with sections 16 V.S.A. § 131 and §906(b)(3).

Each school shall ensure students are able to access academic and experiential learning opportunities that reflect their emerging abilities, interests and aspirations, as outlined in the students' Personalized Learning Plans.

The Coalition's recommendations that were included in the draft prior to the December vote:

Each school shall provide students in grades K-8 with at least two physical education classes per week. For grades K-2, physical education class time shall be no less than 30 minutes. For grades 3-12, physical education class time shall be no less than 40 minutes.

Students in grades 9-12 shall participate in the equivalent of one and one-half years of physical education. Substitutions for physical education should only be allowed in grades 9-12 and only if approved by and overseen by a physical education teacher under the conditions detailed by the Vermont Agency of Education.

Each school shall offer options for students in grades K-12 participate in at least 30 minutes of physical activity within or outside of the school day. Physical activity may include recess and movement built into the curriculum, but does not replace physical education classes.

Schools shall provide students with no less than 10 minutes to eat breakfast and no less than 20 minutes to eat lunch. Schools shall provide students with free access to clean drinking water throughout the day.

Each school shall provide appropriate learning opportunities to all students to support their attainment of the standards approved by the State Board of Education. As required in 16 V.S.A. §2902, each public school shall provide support for students who require additional assistance in order to succeed or be challenged in the general education environment.